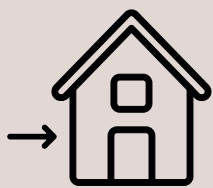


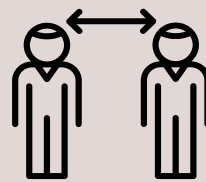
# How to Protect Yourself and Others:



Stay at home!



Wash your hands regularly!



Keep distance!



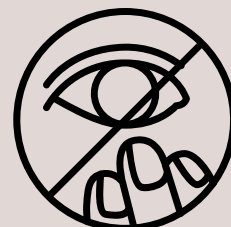
Sneeze and cough into the elbow crease!



Do not meet others!



Do not shake hands!




Do not touch your face!

Schau auf dich,  
schau auf mich.

## How to Protect Yourself and Others:

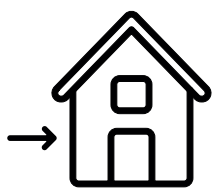
Comply with the requested measures and thus protect yourself – and as others.  
Together we'll avoid infections and an excessive burden on the health system. #schauaufdich

 Bundesregierung



ÖSTERREICHISCHES ROTES KREUZ

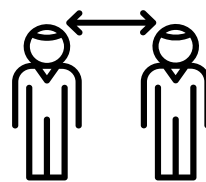
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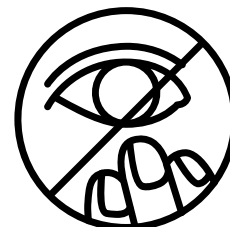
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auf  
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auf  
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## How to Protect Yourself and Others:

Comply with the requested measures and thus protect yourself – and as others.

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ÖSTERREICHISCHES ROTES KREUZ

*Aus Liebe zum Menschen.*